Top 10 Tips for Parents

1. Find your local club and register your child for the upcoming season at www.playcricket.com. If you need support to do this email: autismincricket@autism.org.au

2. Contact your club and ask to speak to the team coach or another club volunteer about how they can support your child

3. Complete an ‘About Me’ profile with your child to give to the team coach

4. Let the coach know how much information you’d like them to share with other team members or coaches about your child’s needs

5. Visit the Play Cricket website’s Resource Hub for short videos on teaching cricket skills that you can use to help your child practice

6. Think about how you can set up opportunities to practice skills at home. Cricket legend Adam Gilchrist used to practice batting skills in his garden using a ball on a string

7. On training and game days take any calming activities or fidget toys that help your child when they need a calming break

8. Practice putting on the equipment and clothing required to play cricket. Getting your child used to putting on helmets and pads at home will make it easier on game day.

9. Even if your child doesn’t want to play cricket they can still take part in other ways such as scoring or preparing the equipment. Contact your club to discuss this.

10. Join the Team! Follow us on Facebook, Instagram and subscribe to www.autismincricket.com.au to get information and updates on the Autism in Cricket program.