

First/Then Boards

First/Then Boards are used to show a short sequence of activities. They are designed to help your student follow directions and motivate them to either learn new tasks or complete challenging and less desirable tasks. The 'First' section contains the task that is new, less desirable or challenging. The 'Then' section contains a rewarding activity.

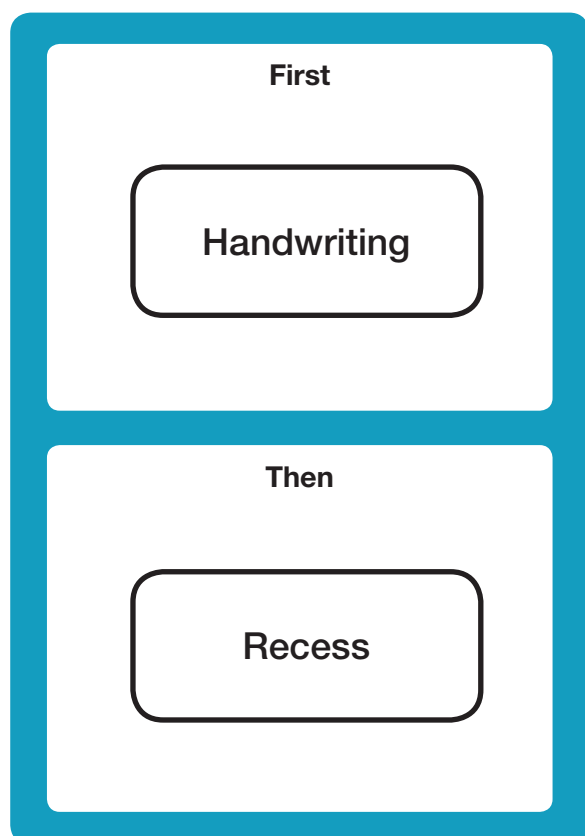
Instructions

The First/Then Board template on the next page can be copied or printed, cut out and then used with your student. Depending on their preferences and what they best understand, you can use words, photos, symbols or even pictures from magazines.

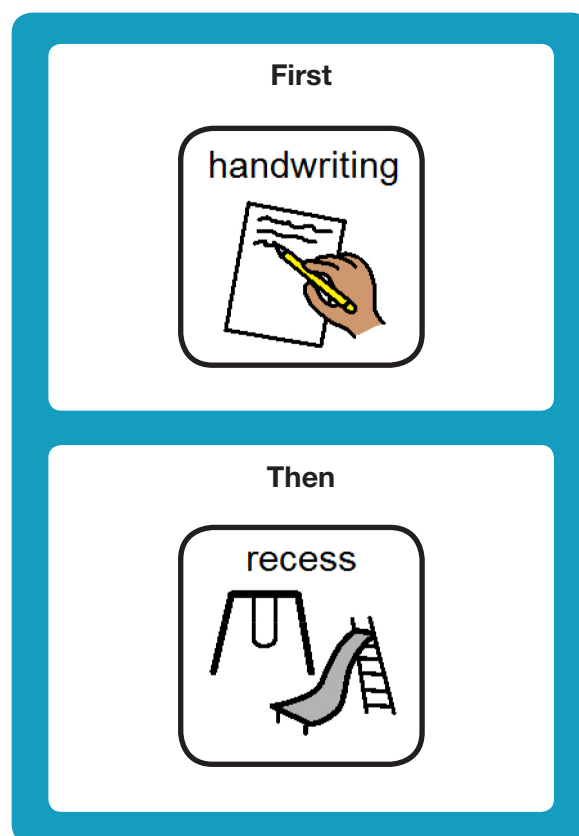
Pictures can be stuck onto the First/Then Board using blu-tack or velcro so they can be moved or taken on and off as needed. It is a good idea to laminate the First/Then Board for durability.

Examples

Here is an example of how a completed First/Then Board might look:



A First/Then Board made using words



A First/Then Board made using symbols

This content has been extracted from the Autism Association of WA's Autism Heroes Publication.

Designed with the Australian National Curriculum in mind, the Autism Heroes Education Pack contains lesson plans, a video and worksheets for students in Years 3–6. It also includes a range of resources that are designed to help you prepare and deliver the pack and to support understanding of Autism within your school. To find out more about this pack, or to purchase a copy visit: <https://autismheroes.autism.org.au/>

First

Then