

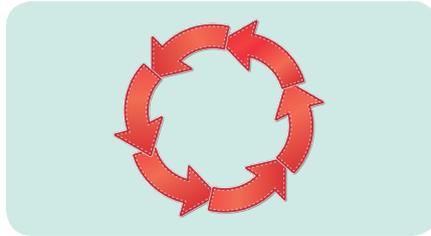
Strengths of Children with Autism in Cricket



Structure & Routine

Children with Autism Spectrum Disorder (ASD) work well with structures and routines. Cricket provides lots of opportunities for structure and routines to occur; meaning children with ASD are more likely to be successful in participating.

For example; bowl 6 balls every over; bat for 20 balls when batting.



Predictability

Children with ASD benefit from knowing a predictable schedule; i.e. what is to come and what is expected from them.

For example; in cricket, children will benefit from knowing where to stand, when to bowl and who they can ask for a water break.



Focus

Children with ASD are able to focus on small details of a task. In the sport of cricket, there are numerous, small details which can be analysed to improve technique. For example; this can come in really handy when playing cricket, as they can help others to reposition their hand grip or make sure they are standing behind the line, waiting for their turn.



Memory

Children with ASD often have an exceptional memory. They can remember all of the details and the rules.

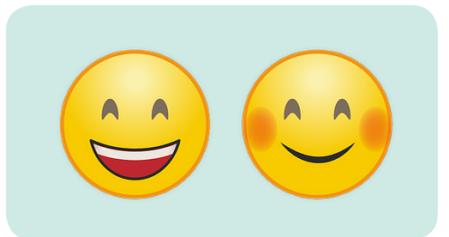
For example; ask them to clarify the rules; or ask them who bowled first during last week's training session.



Reliability & Punctuality

Children with ASD enjoy sticking to a routine, including being at an event/training session on time.

For example; if training starts at 9.00am, be assured that they will be there on time! Or, if they have been asked to bowl 2nd, they will stick to the order.



Attitude

Children with ASD are keen participants once they feel included and supported. They will happily demonstrate a positive and friendly attitude to your cricket team!

For example; feel positive and passionate when you see their smiles; and model their 'up and go' approach to try out cricket.