










SUPPORTING TRANSITION TO HIGH SCHOOL - SOCIAL NEWSLETTER

Social Newsletter

Example of individualised social newsletter about changes to expect in high school

December
The Cool Report

Issue 1

The Cool Report

The Cool Report is a newsletter that tells you lots of important things that you need to know about life. You can't buy it in shops, you can't get it online....it comes directly to YOU! You can read it when your Mum and Dad read the newspaper or watch the news on TV.

Starting High School

It is December and I have finished year seven in Primary School. Now that I have finished year seven, I will be starting high school in February. I will be in year eight.

This means I will be going to a new school in a new building. This means I will have new teachers too. It's ok, my new teachers will be very helpful and kind.

At high school there may be new students or people I don't know so well. This is ok because I may get to know the students soon. My sister, Kathryn goes to the same high school and I might see her around and maybe at recess or lunch.

It's great to start high school. It means I may learn lots of new things and meet fun people.

We may have to keep our books and bags in a new place at school. That's ok, my teachers will show me where I

can keep my things. At high school I will go to new classrooms to work and be in a new area at school for recess and lunch. I can try to find my teachers or other students to ask for help if I am not sure where to go. I can go to the 'safe room' during recess and lunch to play games or if I want to relax.

I may also have a diary or timetable that I can check to remind me where to go and who my teacher is.

I will be studying lots of different subjects. Some of them will be like things I did in year seven. Some of them will be new. I may have a different teacher for each subject.

Our new teachers may have different rules in class. I can try to listen when they explain what I need to do. I can ask them to tell me again if I forget or need help.

Moving to high school can be exciting because we get to learn many new things and are allowed to do different things at school.