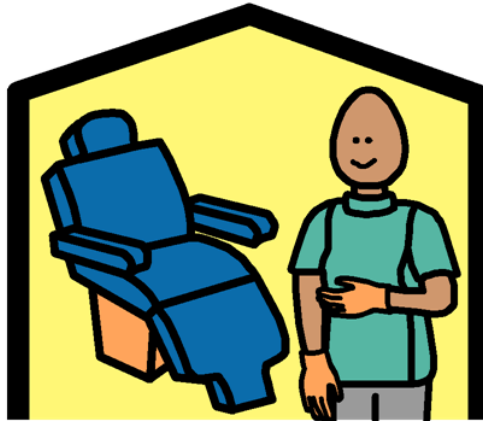


Dentist appointment

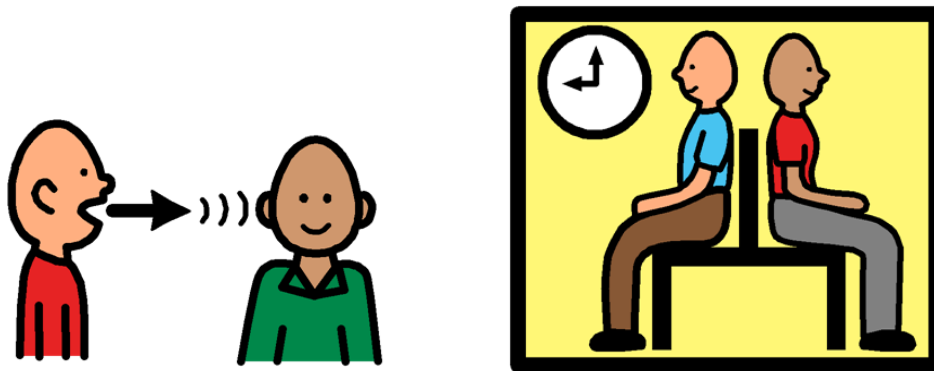
Sometimes I might need to go the dentist.



A dentist helps keep my teeth clean and healthy.



When I get to the dentist's office, I can tell them my name. I can then sit and wait until it's my turn to see the dentist.



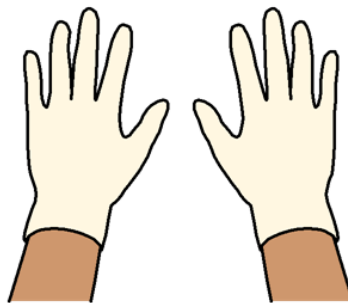
When it's my turn to see the dentist, they will come and say hello to me and show me where to go.



My mum and dad will be there to help me.



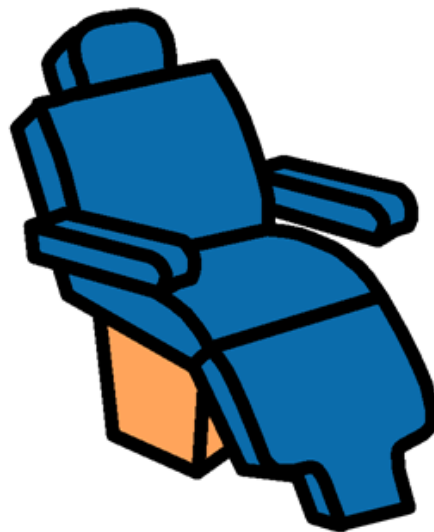
The dentist wears a mask, gloves and special glasses.



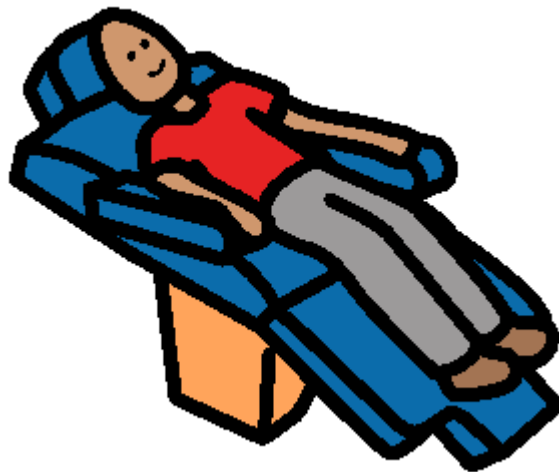
I get to wear the special glasses as well!



The dentist will ask me to sit on the big chair.
I can try to sit on there by myself, or I can sit
on my mum or dad's lap.



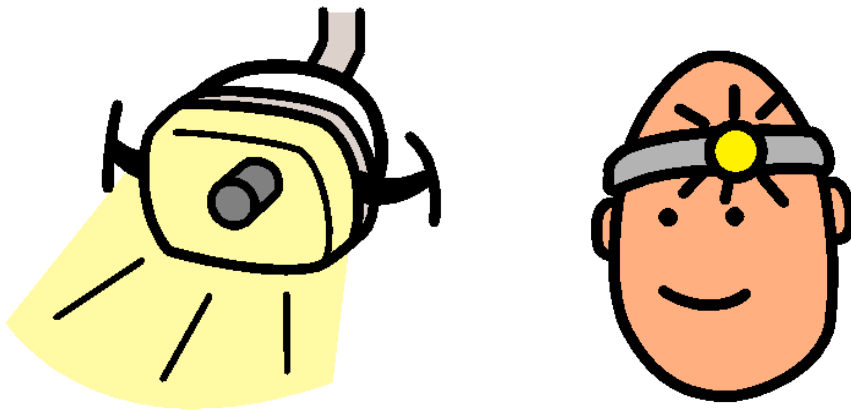
The big chair is lots of fun and leans back so I can lie down.



Once I am lying down, the dentist will ask me to open my mouth.



The dentist will turn the light on. They might also have a light on their head to help them see my teeth.



The dentist might blow air or water on my teeth so they can see them clearly. This might feel cold.



The dentist will then count my teeth and use a special counter to tickle them.

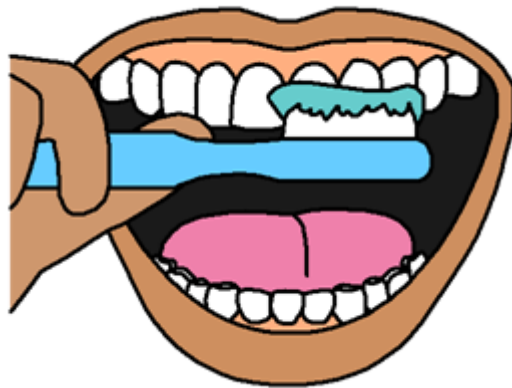
1...2...3



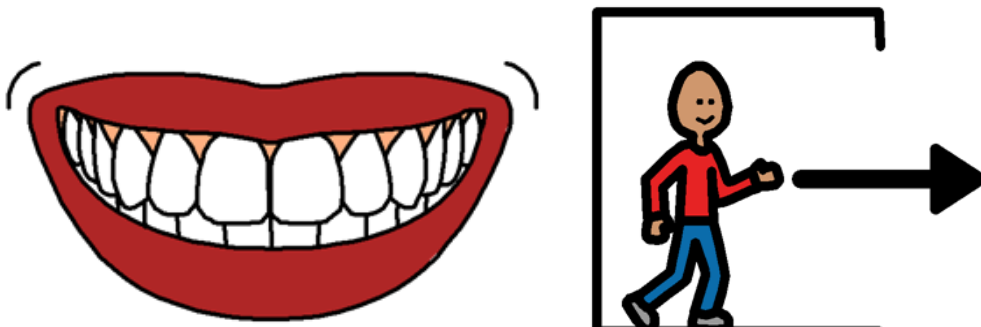
If I need a break I can put up my hand and the dentist will stop and let me rest for a little bit.



Sometimes once the dentist has finished tickling my teeth they might use a toothbrush and toothpaste to clean my teeth.



Once my teeth are clean it will be time for me to leave.



Everyone will be proud of me for seeing the dentist!

