



Autism
association of WESTERN AUSTRALIA

Services *for Adults* with Autism

Services for adults
18 years+

About Us

The Autism Association is one of Australia's largest Autism specific service providers, and the only specialist organisation providing a full range of services for children and adults.

Our focus is on excellence in providing services to people with Autism and their families. We are deeply committed to enhancing the quality of life of every individual with Autism and passionate about supporting them to live their best life possible.

Our services are based on leading international peer-reviewed research in the field of Autism. We work with each child to maximise their potential and get a great start in life.

It is important to us that you have options and that the support you receive from us is relevant to your needs, your family's needs and adds value to your life.

We are a registered provider for the National Disability Insurance Scheme (NDIS) in Western Australia.

You can talk to our Autism Advisors to find out about the options available so we can help you achieve your NDIS plan goals and make sure you are accessing all funding available for you and your family.

Information and Advice

If you are looking for support or specialist advice, our Autism Advisor Team are here to help!

Our Autism Advisors provide support and Autism specific advice for individuals, families, carers and community members throughout WA. The Advisor Team can address any questions and provide you with support, advice and information to link you into services and support options.

This information can be translated into different languages or produced in different formats upon request.

Funding

The Autism Association are a registered provider for the National Disability Insurance Scheme (NDIS) in Western Australia. You can talk to our Autism Advisors to find out about the options available on (08) 9489 8900. We can help you achieve your NDIS plan goals and make sure that you are accessing all funding available to you.

The NDIS can be confusing and difficult to work out on your own but we are here to support you every step of the way with a range of information and resources designed to help support you through the process.

Autism Diagnosis

Getting an Autism diagnosis can provide you with access to the support you need to overcome challenges in education, employment, independent living, and give you the supports to achieve a good quality of life.

Our Specialist Youth Diagnostic Clinic provide Autism assessments for individuals ages 13 to 30 years old. The specialist assessment team includes a consultant Psychiatrist, Psychologist, and Speech Pathologist.





Therapy and Clinical Support

Our Therapists can support you to develop your skills, increase your independence, and participate in the community.

This team draws on the strengths of a range of Therapists from different professional backgrounds to create a service that is designed to your needs and aspirations.

We work closely with you and your family and carers to achieve outcomes that are important to you in a range of environments including home, education, employment and recreation settings. These may include the development of independence skills, social skills, communication skills and skills to increase confidence and regulate emotions.

Our Services Include:

- An assessment of your skills, strengths and needs to develop a custom therapy plan.
- One-on-one therapy to support with your goals and aspirations.
- Therapy groups focusing on specific social skills.
- The PEERS® therapy group will develop the skills you need to make and keep friends, and further develop friendships.
- Planning for life transitions.
- Equipment recommendations and home modifications.
- Providing specialist expertise and mentoring to support staff.

Access to Specialised Therapy Teams:

- Positive Behaviour Support to encourage lasting, positive behaviour and improve quality of life.
- Specialist communication assessment for assistive technology.
- Mealtime management involving a Specialist Therapist assessing and providing recommendations on mealtime safety, participation and enjoyment.

Employment Placement and Support

There are two different ways to access specialist employment supports at the Autism Association.

When employment support funding is provided as part of your NDIS plan, supports are provided by the Individual Options community-based team.

When you are linked with us through the Department of Social Services (CentreLink), you will be supported by our Disability Employment Service (DES). You can also approach us directly for this service.

These services work together to ensure people with Autism receive support specific to their interests and needs to reach their employment goals.

Depending on your funding and individual circumstance, you may be able to be supported by both of these employment services.

AIM Disability Employment Service (DES)

Our AIM Employment service is the only Autism Specialist government contracted DES provider in Australia.

Our AIM Employment Program is a highly regarded specialist service focusing on finding employment for people with Autism. As the only specialist Autism DES provider in

Australia we can provide a wide range of supports to you to find a job that matches your goals, skills and abilities.

We also work together with employers who want support to recruit someone with Autism or who may already have an employee with Autism who needs some assistance in their job. Employment opportunities cover a range of work settings. In this program you will be provided on-the-job training and continuing support tailored to your needs.

NDIS Individual and Employment Options

When individuals have Employment Support funding in their NDIS plan, employment goals are tailored to each individual. We help you to find your employment pathway by researching and linking you in with suitable educational and vocational courses and building your employability skills. We can also help you develop your cover letter, resume, application and interview skills.

Our Employment Team also work with businesses and potential workplaces to find you suitable work experience or volunteer work.



Individual Options

There are a range of support services available to assist you with participating in the community as well as at home.

We work closely with you to identify the support that best suits you. Our aim is to provide support for you, at the time you want it and in the ways that meet your needs. This can include developing a range of new skills and lifelong learning initiatives towards independence, further education, volunteering or pre-employment assistance.

A Home of Your Own

Our Community Living service provides support to adults moving into a home of their own.

You may want to live on your own, close to your family and friends or in a shared home with up to three other people with Autism. The Autism Association will support you with either of these options. There are a number of ways to access a property, depending on your preferences and finances. The Autism Association can provide regular support in each of the following arrangements:

- Your own property
- A private rental
- Department of Housing property
- A granny flat on a family property
- A property owned by a family member
- A property funded through the NDIS Specialist Disability Accommodation

There are also other options that can be discussed with our Community Living Team. The goal is that we work with you to have your individual needs and choices met so that you have the support to reach your goals.





Short Breaks

Our Short Breaks homes are the perfect place for you to try overnight stays or new activities away from home.

Shorter day time visits or overnight stays as part of our community-based program, provide a way of becoming more independent by getting out and about without the support of a parent. Activities can include simply enjoying a space away from home, cooking, gardening, hobbies or making the first step to live away from home.

Training

We have a range of training workshops designed to provide information, practical strategies and resources to support families and carers in managing everyday situations. Ranging from 1.5 hours to 6 hours, these sessions run throughout the year on evenings and weekends.

We are currently looking at a range of workshop and training opportunities for adults with Autism. If there are any specific topics that you would find of particular interest for training or if you have recommendations for workshops, please let us know by emailing seminars@autism.org.au.

The Autism Association of WA offers a wide range of services across all stages of life

Services include:

- Diagnosis
- Autism Advisors and family support for newly diagnosed children
- Early childhood services
- School support service and therapy services for school age children
- Therapy and clinical services for adults with Autism
- Community living support: shared and individual homes
- Short Breaks (Respite)
- Individual support programs tailored to individual needs, including post school options
- Employment placement and support program
- Professional development and training services
- Regional support
- Parent training and support groups



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