



## What is a Behaviour Support Plan?

A Behaviour Support Plan (BSP) has information about the way I act when I see or talk to others, when out in the community or when I'm at home.

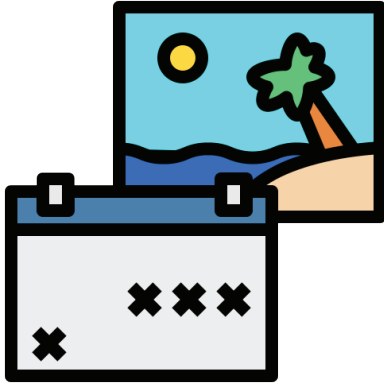
## Why do I need a BSP?

The BSP is a guide to improve my quality of life. This can include everyday life skills, which can help me to prepare for situations that I may find stressful.



## How can a BSP help me?

- To create a friendly space.
- Learn new skills.
- Help me when communicating.
- Make improvements to where I live.
- Remove restrictions from my day to day life.



## My Goals

My goals can be included in my BSP and I may want to improve the following:

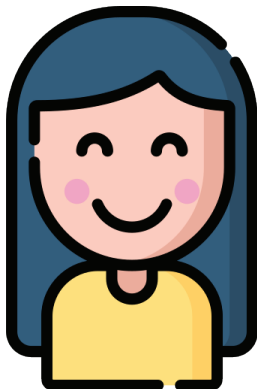
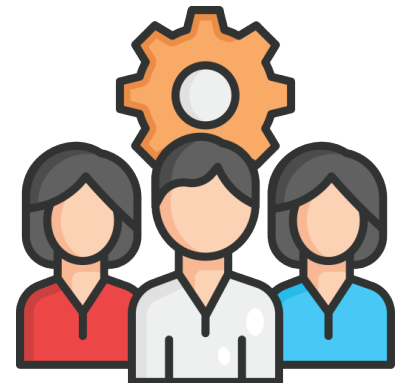
- Have more fun things to do.
- Having options to make choices.
- Making new friends and meeting new people.
- Learning how to do things on my own.

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## Who can help me?

These are the people that can help me reach my goals:

- Support Staff
- Family
- Staff
- Coordinator
- Therapist
- Specialist



## This may make my life better

A BSP will help me by giving me the choices and support to do the activities I like and will help people to understand me better.